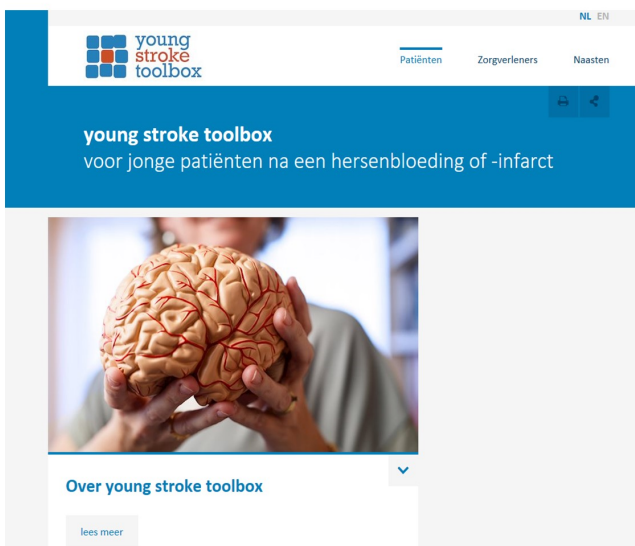


Introduction

The Young Stroke Tool box is a website made by patients and healthcare professionals to provide patients, caregivers and their health professionals with good and accessible information regarding causes, consequences and treatment concerning Young Stroke.



Screenshot of the homepage

Aim

To provide good and accessible information for patients, relatives and caregivers regarding neurovascular diseases, treatments, rehabilitation, reintegration and specialized care services available in the region concerning Young Stroke.

Why?

- 4000 persons a year suffer Young Stroke in NL (<50 yr)
- Underexposed psychological, emotional, social impact
- Multitude of information inapplicable for problems of the younger patients
- "Digital" generation seeks information through internet
- Health-care and reintegration landscape is unclear

Patient: "Is there a risk to become pregnant after a stroke?"

Partner: "Our relationship changed after the stroke, where can I find help?"

Relative: What is the chance for me to have a brain aneurysm?"

Professional: "My patient can't fulfill his job anymore after the bleeding, where can he find help?"

Implementation

- Regional development by 3 patients and 3 professionals, with input from stakeholders, containing general en regional information
- Feedback rounds by patient groups and stakeholders
- Release of the website expected in October 2019
- National rollout to medical Stroke Centres in the Netherlands